

# KNIGHTS TWILIGHT XC INVITATIONAL NORTHWOOD UNIVERSITY

Date: Friday October September 30, 2011  
Race Site: Northwood University  
1114 W FM 1382  
Cedar Hill, TX 75104

Girl's Course and Jr. High 3200 meters  
Boy's Course 5,000 meters  
Race Times: 4:30 JVG  
5:00 JVB  
5:30 VG  
6:00 VB

Description: rolling hills, dirt trails

Junior Varsity Girls  
Junior Varsity Boys  
Varsity Girls  
Varsity Boys

Awards: 1st Place - All Divisions  
Runner-up - Varsity only  
Top 15 medals - All divisions

*Roster Deadline is due Monday September 26 by 5pm*  
email: [hawkinsj@northwood.edu](mailto:hawkinsj@northwood.edu)

High School 1 Team - \$150 2 Teams- \$200 3 or more teams 250

\*Varsity = 10 runners max\*\*\* JV Team = unlimited

Make Checks Payable to: Northwood University Cross Country  
Send Checks To: Northwood University, 1114 W FM 1382, Cedar Hill, TX 75104  
Attn: Cross Country Coach Jody Hawkins

