



Run at the RIDGE XC INVITATIONAL

SATURDAY, October 15, 2011

You are invited to the 2nd annual Run at the Ridge XC Invitational. We hope the following information will answer any questions you might have. If you have further questions, please feel free to contact me by phone at (512) 963-9897 or by email at david.hilsenteger@leanderisd.org

Site: Vista Ridge High School
Cedar Park, TX

Course: Everything except concrete and asphalt.

Distances: JV Girls, Jr. High Girls and Boys, Freshman Boys – 2 miles
Open Race, Varsity Boys, JV Boys, and Varsity Girls – 5K

Parking: Buses may park in schools parking lot. An area will be blocked for busses only.

Schedule: Registration will begin at 6:30am
Open Race 7:30am
Varsity Boys 8:00am
Varsity Girls 8:30am
JV Boys 9:00am
JV Girls 9:30am
Freshman Boys 10:00am
Jr. High Girls 10:30am
Jr. High Boys 11:00am

Awards: Varsity Girls and Boys Team championship plaque
Varsity medals for top 10 individuals
JV Girls and Boys Team championship plaque
JV medals for the top 10 individuals
Jr. High medals for the top 10 individuals
Open Race medals for the top 10 male and female individuals (No age breakdown)

Fees: Entry fee is \$50 per division or \$10 per individual. Make checks payable to Vista Ridge Cross Country Booster Club.

****Only seven runners per varsity team.**

You may enter as many runners as you wish for the JV, Freshman, and Jr. High divisions.

FYI: There will be t-shirts for sale and a limited concession stand during the meet.

We look forward to everyone having a great meet!

**RUN AT THE RIDGE XC INVITATIONAL
CEDAR PARK, TX
SATURDAY, OCTOBER 15, 2011**



School: _____

Coach: _____ School Phone: _____

Home/Cell # _____

Please give the approximate number of individuals in each division:

Varsity Girls: _____ Varsity Boys: _____

JV Girls: _____ JV Boys: _____

8th Girls: _____ 8th Boys: _____

7th Girls: _____ 7th Boys: _____

****An entry form will be emailed to you. All entries
must be in by OCTOBER 10TH at 7pm.****

Please mail, email, or fax entries to:

Vista Ridge High School

Attn. Coach Hilsenteger

200 S Vista Ridge Blvd

Cedar Park, TX 78613

david.hilsenteger@leanderisd.org

Fax: (512) 434-7306

All open race participants will sign up at the meet. Fees and a waiver that needs to be signed can be taken care of at the registration tent.