

Dear CAM Runner,

Congratulations on your hard work this season! We are happy you have accepted your invite to run in the 2011 Congress Avenue Mile hosted by RunTex. We hope the Congress Avenue Mile is one the greatest experiences of your high school career.

The CAM is new to some of you, so we will try to inform you the best we can about what to do between now and May 21st.

You will check in at RunTex on Riverside Friday, May 20 between 2-5 and pick up your uniforms and team gear, as well as meet teammates and get rooming assignments. (If you know other runners on your team and would like to room with them, let your coach know)

After you are dropped off at RunTex, you will be with your team and coaches for the remainder of the time. We will be staying at the Hyatt Regency Austin (512 477 1234) overlooking Congress Avenue Mile and Lady Bird Lake.

RunTex Congress Ave Mile 2011

Schedule of Events

Schedule subject to change

Friday, MAY 20th		
Time	Event	Location
2:00pm - 5:00pm	Check In / BOA uniform issue	Runtex Riverside
5:30pm - 6:30pm	Race Course inspection	Congress Ave Bridge
7:00pm - 9:30pm	CCCAT sponsored dinner/Team Pictures	TBA
9:30 - 11:00pm	Pool Social	Hyatt Hotel- Pool
11:30pm	Coaches Meeting	Hyatt Hotel- Lobby
Saturday, MAY 21 nd		
Time	Event	Location
7:00am - 8:00am	Team Breakfast	Runtex Riverside
8:30am	Meeting before the Race	Hyatt Hotel- Lobby
9:00am - 9:30am	Race Course Inspection	Congress Ave Bridge
9:30am - 9:45am	Introductions and Warm-Ups run	Congress Ave Bridge
10:35am	Girl's Elite Mile Race	Congress Ave Bridge
10:45am	Boy's Elite mile Race	Congress Ave Bridge
11:00am - 11:30am	Cool down Run	Townlake Trail
11:30am - 12:00pm	Awards Ceremony	TBA
12:00pm - 1:30pm	Shower and Check-out	Hyatt Hotel

Thanks,

Congress Avenue Mile Staff